IRONMAN®
nelson mandela bay SOUTH AFRICA
AFRICAN CHAMPIONSHIP

SUN 21 NOVEMBER 2021

SAT 20 NOVEMBER
ISUZU CORPORATE TRIATHLON CHALLENGE
powered by Algoa FM
06:00 - 12:30
Full Road Closure on Marine Drive: Driftsands Drive to Schoenmakerskop



Beach Road & Humewood Road
Summerstrand bound lanes closed to traffic from M4 between 05:00 to midnight.

City bound lanes remain open to traffic during event from Perrot Avenue to M4.

Beach Road, Humewood (Ocean Avenue to Lodge Road)
Restricted contraflow lanes will allow access to residence between Ocean Avenue & La Roche Drive.

Lodge Road & Brookshill Road are accessible via La Roche Drive behind the Garden Court Kings Beach in a special lane created on Beach Road from 05:00 to midnight.

Summerstrand bound lanes closed to traffic from 05:00 to midnight.

Marine Drive, Summerstrand (Lodge Road to Summerstrand Hotel).
Full Road Closures from 05:00 to midnight.

Second Avenue, Summerstrand (Brighton Drive to Marine Drive).
Full Road Closures from 05:00 to midnight.

Admiralty Way, Summerstrand (University Way to Marine Drive).
Full Road Closure from 05:00 to midnight.

Managed cross-over Admiralty at Brighton Drive/ Admiralty Crescent.

Summerstrand Braai/ Picnic Venues on Marine Drive (from Humewood Golf Club to Admiralty Way) will be closed from 19 - 21 November 2021.

Marine Drive, from Summerstrand Hotel to Schoenmakerskop and Victoria Drive, from Schoenmakerskop to Glendore Road.

Full Road Closures from 05:00 to 17:30 with the following concessions:

- Pine Lodge/ Cape Recife Reserve access via NMU Marine Drive Gate via Protea Road 05:00 to midnight. Controlled crossover and verge land next to Marine Drive.
- Willows/ Noordhoek/ Schoenmakerskop may leave up to 07:00 direction Victoria Drive.
- Traffic Police convoy from Willows via Schoenmakerskop to Victoria Drive/ Glendore Road, Walmer at 13:45.
- Traffic Police convoy to Willows via Schoenmakerskop from Victoria Drive/ Glendore Road, Walmer at 14:15.

Sardinia Bay Road & Heron Road, from Victoria Drive to Seaview Road.
Full Road Closures from 05:00 to 16:30 with the following concessions:

- Residents may exit up to 07:15, direction Grass Roof/ Link Road and return at 16:30.
- No access to and from Sardinia Bay Beach during the event.

Seaview Road from Link Road to Van Reenen Road (Seaview Village)
Full Road Closure from 05:00 to 16:30 with the following concessions.:

- Deer & Bushy Park may exit up to 07:15, direction Mt Pleasant/ Lorraine.
- Kini Bay residents may leave via Seaview Village up to 07:30
- Access back to Kini Bay via Seaview Village at approx. 16:00.

Elizabeth Road (M9) from Seaview Road to Oyster Avenue, Beachview.
Full Road Closures from 05:00 to 16:00

Seaview Village access via Seaview Road/ Kragga Kamma Road (Colleen Glen)

Beachview and Maitlands access via Maitlands Road/ De Stades Road (Colleen Glen).

PLEASE NOTE: NO SPECTATORS!
COVID-19 regulations and conditions prohibit spectators at events.
No access for spectators at swim start, transition area and finish line areas.
Please respect and adhere to this.

RACE DAY EMERGENCY NUMBER
for the public

079 266 6263
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PUBLIC INFO MEETINGS
Tuesday, 9 November, Summerwood Primary School at 18:00
Wednesday, 10 November, Seaview Community Hall at 18:00

Please note, due to COVID-19 regulations, no spectators will be allowed at the event. Follow athletes on the Official IRONMAN App (available for download on android and iOS) or follow us on social media:

IRONMANSouthAfrica IMSouthAfrica IMSouthAfrica

#IMAfricanChamps

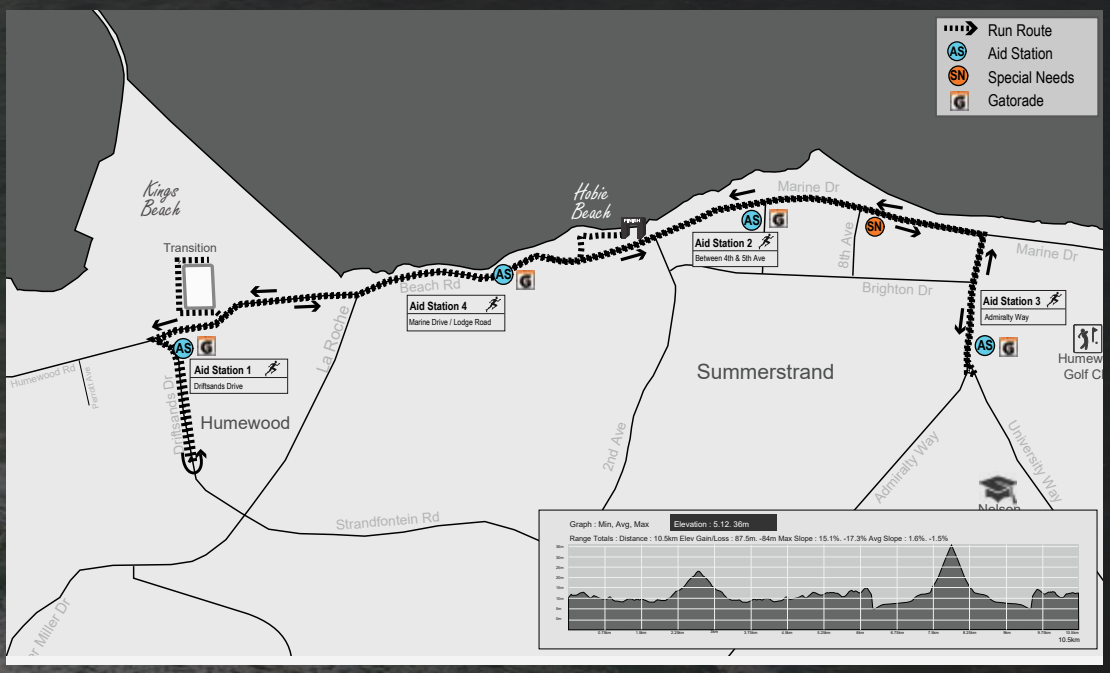
Road closures and more information on www.ironman.com/im-south-africa

BIKE COURSE



SUNDAY
21 NOV
2021

RUN COURSE



IRONMAN
nelson mandela bay SOUTH AFRICA
AFRICAN CHAMPIONSHIP

3.8km SWIM
180km BIKE
42.2km RUN

BE A HERO
GO THE EXTRA MILE

https://hero.ironman4thekidz.co.za

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